



LAHTI HARBOUR AND SIBELIUS HALL



LAHTI CITY CENTRE



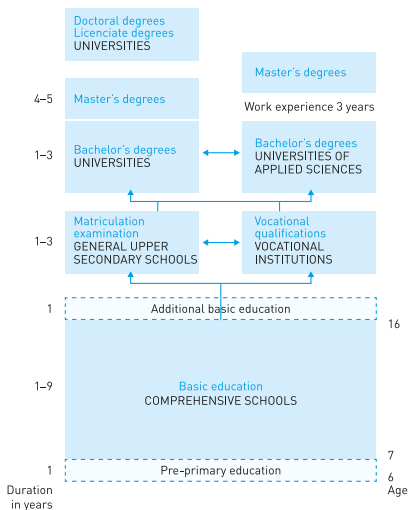
SPORTS CENTRE

## THIS IS FINLAND

- Population: 5.3 million inhabitants
- Area: 338.145 km<sup>2</sup> (130.588 mi<sup>2</sup>)
- Capital: Helsinki
- Currency: Euro (EUR)
- Official languages: Finnish (90%), Swedish (6%)
- Religion: 80% belong to the Evangelical Lutheran Church of Finland

→ [www.visitfinland.com/en/](http://www.visitfinland.com/en/)

## FINNISH EDUCATION SYSTEM



## THIS IS LAHTI

- Location: in Southern Finland, 100 kilometers from Helsinki
- Getting to: one hour drive from Helsinki-Vantaa Airport
- Population: Lahti Region has 220,000 inhabitants, of whom 100,000 live in Lahti

→ [www.lahdenseutu.net/en/living/](http://www.lahdenseutu.net/en/living/)

## LAHTI UNIVERSITY OF APPLIED SCIENCES (LUAS)

LUAS is a large, multidisciplinary institution of higher education. It is a centre of expertise that trains professionals in response to labour market needs and conducts R&D which support Lahti area regional development in particular.

LUAS offers education in the fields of social and health care, engineering and technology, business, design and communication, fine arts, tourism and hospitality management and music. There are over 5000 students who study in twenty Bachelor-level degree programmes with over forty specialization lines. The full time teaching staff is approximately 250. LUAS also offers Master-level post-graduate studies designed to respond to the needs of working life. The studies are suitable for mature and part time students.

→ [www.lamk.fi/english](http://www.lamk.fi/english)

## THE FACULTY OF SOCIAL AND HEALTH CARE

The faculty of Social and Health Care focuses on educating students for providing care, well-being and rehabilitation. The fields of study for undergraduate programmes at the faculty are:

- Nursing (210 ECTS)
- Public health nursing (240 ECTS)
- Physiotherapy (210 ECTS)
- Social services (210 ECTS)
- Master Degrees (90 ECTS)

→ [www.lamk.fi/english/socialandhealth](http://www.lamk.fi/english/socialandhealth)

The key competence areas of the Faculty of Social and Health care are family welfare, entrepreneurship, elderly people welfare and work community management.

The research, development and innovation in the faculty are centered around our key themes. Our aim is to influence and promote welfare on regional, national and international levels while basing our work on co-operation with working life and projects in connected fields.

### International activities

International activities are an integral part of professional competence in social and health care. The international competences of students are developed and supported e.g. via student and teacher exchanges and educational development networks (ENPHE, Feset, Nord Plus, Erasmus, Florence net). Students are encouraged to complete part of their degree either as an exchange student in one of our numerous partner institutes or by seeking a practical placement (as part of the degree) abroad. We offer exchange students both supervised practical placements and theoretical studies in English.

→ [www.lamk.fi/english/socialandhealth/guide](http://www.lamk.fi/english/socialandhealth/guide)

### CONTACT INFO

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# DEGREE PROGRAMME IN SOCIAL SERVICES

**DEGREE AND TITLE** | Bachelor of Social Services

**DEGREE OPTIONS** | Option in social pedagogy for work with children and young people

Option in social pedagogy for work with adults

**CREDIT REQUIREMENT** | 210 ECTS **DURATION** | 3.5 years

The degree programme in social services trains students for a variety of positions in social care and in other sectors of society. The aim of work in social services is to improve the client's everyday life, support the capacity to function socially and prevent social problems. The programme familiarises students with factors that affect personal wellbeing and functional capacity. It offers extensive and practice-oriented competences for working in different social care positions.

The degree programme in social services includes two orientation options: social pedagogy for work with children and young people and social pedagogy for work with adults. The option in social pedagogy with children and young people includes studies in early education, special needs education and youth education. It qualifies students to work as kindergarten or preschool teachers.

The option in social pedagogy for work with adults gives students competences for an extensive range of work with adults in rehabilitation, with the disabled or with seniors.

The studies are organised in broad, thematically cohesive modules, which contain multimethodical ways of learning. Traineeships and different work-life-based projects are also integrated in the modules. The studies in social services are based on the social pedagogical framework. The approach is applied in both the content of the degree programme and the choice of teaching methods, i.e. the emphasis on creativity, community and functionality in the studies.

The Bachelor's thesis (15 ECTS) is closely connected to research, development and innovation and it is always carried out as an assignment for an organization involved in a project or in working

life in the field. The new information, activity, service or product is thus immediately available for use in the field. The thesis can be either theoretical or practical in approach.

The degree programme in social services co-operates with a wide variety of partners inside Lahti University of Applied Sciences as well as with outside interest groups. Among the most important of these groups are traineeships and practical placements for students. Project-based education is implemented in the curriculum in co-operation with these groups with the aim of increasing regional co-operation. The faculty is also partnered with other universities offering education in social services, both national and international, and the degree programme is active in some international networks e.g. the European FESET Network.

DEGREE PROGRAMME IN SOCIAL SERVICES (210 ECTS)	
<ul style="list-style-type: none"> <li>Basic and professional studies (135 ECTS)</li> <li>Practical placement (45 ECTS)</li> <li>Elective studies (15 ECTS)</li> <li>Thesis (15 ECTS)</li> </ul>	Study themes: <ul style="list-style-type: none"> <li>1<sup>st</sup> year: everyday life and social pedagogical professionalism</li> <li>2<sup>nd</sup> year: strengthening client participation</li> <li>3<sup>rd</sup> and 4<sup>th</sup> year: professional development and influence in social services</li> </ul>

1 <sup>ST</sup> YEAR:	2 <sup>ND</sup> YEAR:	3 <sup>RD</sup> YEAR:	4 <sup>TH</sup> YEAR:
<ul style="list-style-type: none"> <li>Developing professional competence in social care</li> <li>Social pedagogical work with clients</li> <li>The work environment in social pedagogical work</li> <li>Developing competence in education</li> <li>Including practical placement</li> </ul>	<ul style="list-style-type: none"> <li>Social pedagogical child and youth education</li> </ul> OR <ul style="list-style-type: none"> <li>Social pedagogical work with adults</li> </ul> <ul style="list-style-type: none"> <li>Including practical placement</li> </ul>	<ul style="list-style-type: none"> <li>Building multicultural competence</li> <li>Recognizing problems and social pedagogical work for change</li> <li>Work community and entrepreneurial competence</li> <li>Including practical placement</li> </ul>	<ul style="list-style-type: none"> <li>Research and development skills</li> <li>Thesis</li> <li>Elective studies</li> <li>Including practical placement</li> </ul>