



INSTITUTIONAL DETAILS

Name of Institution	Lahti University of Applied Sciences Lahden ammattikorkeakoulu
Head of Institution	Dr Risto Ilomäki, President
Erasmus Code	SF LAHTI11
Erasmus Charter	29588-IC-1-2007-1-FI-ERASMUS-EUCX-1
Website	www.lamk.fi/english

GENERAL INFORMATION

International Student Guide	Online student guide gives international students information about LUAS, Lahti and Finland. www.lamk.fi/english/guide
Academic calendar	Autumn semester: September – December Spring semester : January – May Dates of academic calendar
Application deadlines for exchange students	Autumn semester and the whole year: 1 May <ul style="list-style-type: none">Institute of Design & Institute of Fine Arts 15 Apr Spring semester : 1 November <ul style="list-style-type: none">Institute of Design & Institute of Fine Arts 15 Oct
Orientation programme	Orientation Programme for new incoming exchange students is arranged twice a year, at the beginning of each semester. It is highly recommended to participate in the orientation. Orientation dates

INTERNATIONAL AFFAIRS OFFICE

Planning and development	<i>Ms Ulla Weijo</i> , Development Manager Email: ulla.weijo@lamk.fi Tel: +358 3 828 3850
Erasmus Institutional Coordinator Bilateral agreements	<i>Ms Hanna Mikkonen</i> , Coordinator, International Affairs Email: hanna.mikkonen@lamk.fi Tel: +358 44 708 0972
Student mobility	<i>Ms Pia Puonti</i> , Assistant, International Affairs Email: intoffice@lamk.fi Tel: +358 44 708 0983
Fax	+358 3 828 2095
Address	P.O. Box 214, FIN-15101, Lahti FINLAND



INTERNATIONAL COORDINATORS IN FACULTIES

Student and teaching staff mobility, Learning Agreements, transcripts, certificates, counselling, projects.

Faculty	Contact
Faculty of Business Studies www.lamk.fi/english/business	<i>Ms Elisa Hassinen</i> , International Coordinator Email: elisa.hassinen@lamk.fi Tel: +358 3 828 2652 <i>Ms Lea Kujala</i> , Student Exchange Coordinator Email: lea.kujala@lamk.fi Tel: +358 3 828 2609 Fax: +358 3 828 2635 Address: Ståhlberginkatu 4B, P.O. Box 106, FI-15101 Lahti
Faculty of Social and Health Care www.lamk.fi/english/socialandhealth	<i>Ms Johanna Tarvainen</i> , International Coordinator Email: johanna.tarvainen@lamk.fi Tel: +358 50 3051029 Fax: +358 3 751 7040 Address: Hoitajankatu 3, FI-15850 Lahti
Faculty of Technology www.lamk.fi/english/technology	<i>Ms Sari Horn</i> , International Coordinator Email: sari.horn@lamk.fi Tel: +358 3 828 3062 Fax: +358 3 828 3015 Address: Ståhlberginkatu 10, FI-15110 Lahti
Faculty of Tourism and Hospitality www.lamk.fi/english/tourism	<i>Ms Annamajja Tolonen</i> , International Coordinator Email: annamajja.tolonen@lamk.fi Tel: +358 50 403 6858 Fax: +358 3 828 3849 Address: Kirkkokatu 27, FI-15140 Lahti
Institute of Design www.lamk.fi/english/design	<i>Mr Heikki Saros</i> , International Coordinator Email: heikki.saros@lamk.fi Tel: +358 50 538 2335 Fax: +358 3 828 2921 <i>Ms Miia Tuominen</i> , Student Exchange Coordinator Email: miia.tuominen@lamk.fi Tel: +358 44 708 0748 Address: Kannaksenkatu 22, P.O. Box 92, FI-15141 Lahti
Institute of Fine Arts www.lamk.fi/english/art	<i>Ms Kirsti Nenye</i> , International Coordinator Email: kirsti.nenye@lamk.fi Tel: +358 3 828 2862 Fax: +358 3 828 2865 Address: Sammonkatu 8, FI-15140 Lahti
Institute of Music and Drama www.lamk.fi/english/music	<i>Ms Minna Liski</i> , International Coordinator Email: minna.liski@lamk.fi Tel: +358 44 708 0106 Fax: +358 3 828 2998 Address: Svinhufvudinkatu 6 F-G, FI-15110 Lahti



STUDIES

Study methods	<p>The independent nature of UAS studies in Finland presupposes that students show initiative and take responsibility for the planning of their studies and for keeping to their own schedules. LUAS being a university of applied sciences also means that the approach is very practical, including less theory and more projects. The study methods at LUAS support self-guided development, which creates a basis for comprehensive learning: lectures, teamwork, projects, reading assignments and essays. In addition to face-to-face lectures, LUAS also offers many online courses in <i>Moodle</i> learning platform.</p>														
Exams	<p>Please note that there is no specific exam period at the end of the term; exams are held throughout the academic year.</p>														
Grading system	<p>Finnish higher education institutions use numeric grading scales. At LUAS, the scale is from 5 (excellent) to 1 (sufficient). Every course and examination at LUAS is recorded on the student's personal transcript. Below is a comparison table with other ECTS grading scale.</p> <table data-bbox="437 891 1166 1173"><thead><tr><th>LUAS grading scale</th><th>European grade definition (not official equivalents)</th></tr></thead><tbody><tr><td>5 Excellent</td><td>A</td></tr><tr><td>4 Very good</td><td>B</td></tr><tr><td>3 Good</td><td>C</td></tr><tr><td>2 Satisfactory</td><td>D</td></tr><tr><td>1 Sufficient</td><td>E</td></tr><tr><td>0 Fail</td><td></td></tr></tbody></table> <p>Please note that some courses are without grading on a pass/fail basis. In this case the mark 'pass' appears on the transcript.</p>	LUAS grading scale	European grade definition (not official equivalents)	5 Excellent	A	4 Very good	B	3 Good	C	2 Satisfactory	D	1 Sufficient	E	0 Fail	
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Credit system Work load / year	<p>Finnish higher education institutions use ECTS credit system. The estimated work load for full time student in one academic year is 60ECTS credits, meaning 30 ECTS credits per semester. Please note that a credit does not refer to the duration of a course, but to the estimated amount of work required. One credit refers to approximately 27 hours of work by the student. Credits are used to define the extent of a given course. Lectures, projects, assignments and other forms of studies are all taken into consideration when the number of credits for each course is calculated.</p>														
Finnish language courses	<p>LUAS offers several courses about Finnish language and culture, such as <i>Survival Finnish</i> and <i>Orientation to Finnish Culture</i>.</p> <p><i>EILC (Erasmus Intensive Language Course)</i> is for Erasmus students who wish to start their exchange period in Finland by learning the basics of Finnish language before the beginning of the semester. Applications are to be sent directly to the university that organizes the EILC.</p>														



PRACTICAL ARRANGEMENTS

<p>Accommodation</p>	<p>LUAS cooperates with the local student housing organisation <i>Oppilastalo Ltd</i> and helps with the housing arrangements for all incoming exchange students who apply on time. All students must pay a refundable 500€ deposit in advance in order to confirm the accommodation and to receive the key for their room.</p> <p>Student apartments are different locations in Lahti. Apartments are usually shared by 2-3 persons and the monthly rent for a single room varies from 200€-300€/ person, depending on the size, condition, furniture etc.</p> <p>Tenancy agreements are always fixed periods:</p> <ul style="list-style-type: none"> • 1 Aug – 31 Dec for the autumn semester • 1 Jan – 31 May for the spring semester <p>More information on accommodation and application procedure</p>												
<p>Approximate expenses per month</p>	<table border="1"> <tr> <td>Accommodation</td> <td>200€ - 300€</td> </tr> <tr> <td>Lunch at student canteens</td> <td>50€ - 80€</td> </tr> <tr> <td>Self catering</td> <td>50€ - 120€</td> </tr> <tr> <td>Local transportation</td> <td>30€ - 50€</td> </tr> <tr> <td>Other expenses</td> <td>70€ - 150€</td> </tr> <tr> <td>Total</td> <td>400€ - 700€</td> </tr> </table> <p>Please note: This estimate does not include social activities, travel or clothing. It has been estimated that an average Finnish student spends 700€ per month</p>	Accommodation	200€ - 300€	Lunch at student canteens	50€ - 80€	Self catering	50€ - 120€	Local transportation	30€ - 50€	Other expenses	70€ - 150€	Total	400€ - 700€
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<p>Visas and permits</p>	<ol style="list-style-type: none"> 1. Citizens of the Nordic countries need not apply for a residence permit but must complete a notice of removal (<i>muuttoilmoitus</i>) if they stay in Finland lasts more than 3 months. Please see also HalloNorden! -Information pages for possible practices of your home country. 2. Citizens of other EEA countries need to register their right to reside in Finland if they plan to stay in Finland for more than 3 months non-stop. They can do the registration at the local police station in Lahti within 90 days of their arrival to Finland. Please see Finnish Policy's information on Permits and licences for foreigners. 3. Persons from outside the Nordic and the EEA countries who intend to stay in Finland for more than 3 months need a residence permit which should be acquired before arrival in Finland at the nearest Finnish embassy or consulate. Please see the Finnish Immigration Flowchart: Residence Permit for Studies. <p>LUAS only provides the above information as general guidance regarding residence permits and visa issues and is in no way responsible for official rules and regulations regarding their distribution. As immigration policy is subject to change, all international applicants should consult the Finnish Immigration Service for up-to-date information regarding residence permits.</p>												
<p>Insurance</p>	<p>All students are responsible for their own insurance arrangements and we strongly recommend taking a comprehensive insurance for the stay in Finland. Health insurance is a requirement for obtaining a residence permit for studies in Finland.</p> <p>More information about insurance</p>												