



DEAR EXCHANGE STUDENT!

Welcome to Lahti University of Applied Sciences and to Finland - the land of lakes and forests! This letter is sent from the Student Union - more familiarly known as LAMKO, which is an organization supervising the students' interests in Lahti University of Applied Sciences. We are working for students' matters in co-operation with the University as well as with other local student organizations and companies in Lahti. We also offer plenty of free time activities for students, like events and physical exercise possibilities. We also try to organize some activities for the exchange students, like sauna nights and a cruise to Tallinn, because it is much cheaper (and more fun!) to go as a big group.

1. Household box -service

You will need some basic household items during your stay here in Finland but it is quite expensive to buy all the items just for a few months. It is also not a good idea to bring them all with you. That's why we offer a service to rent a household box, which contains some basic household items you can use during your stay in Finland.

The box doesn't include the sheets and pillowcases so these items you must bring with you from your home country or buy them in Finland. The rent of the box is **50 euros**, **20 euros** of that is collateral, which you will get back when you are leaving Finland and you return your box entire back to us.

If you want to rent the box, we ask you to pay the rent (50 euros) to our bank account before coming to Finland. When paying, please use our international IBAN-bank account. When you are paying the rent, please add there a message: "Household box, Your First Name, Your Surname", so that we know whose rent is in question. You can also pay the box with cash when you get it from our office.

When you are coming to Finland, your own tutor will help you to get the box. Before you leave Finland, we will inform you how to return the box and how to get the collateral back.

You can also rent additional items if you need to. Here is the list and prices:

- microwave 30€, collateral 10€
- coffee machine or water boiler 15€, collateral 5€
- blanket and pillow 15€, collateral 5€
- frying pan and pot 10€, collateral 5€
- dining package 10€, collateral 5€
- baking package 10€, collateral 5€
- cleaning package 30€, collateral 10€

The dining package contains of 2 glasses, 2 mugs, 2 plates, 2 deep plates, 2 forks, 2 knives, 2 spoons, 2 tea spoons. The baking package contains of a ladle, a spatula, a bowl, a cutting knife, a small plastic container, a strainer. The cleaning package contains of a bucket, a mop, a dust pan, a dust broom, 2 cleaning rags, dishwashing detergent, washing powder. If you want to rent any of these items, please let us know beforehand.

If you reserve the household box by June 24th and make the payment by July 14th to LAMKO's bank account, you can have the house hold box waiting for you in your apartment when you arrive. Make a reservation for a household box by sending an email to tutorsecretary@lamko.fi and including the

The box contains:

2 forks,
2 knives,
2 spoons,
2 tea spoons,
2 mugs,
2 glasses,
2 plates,
2 deep plates,
2 little plates,
a bowl,
a pot,
a frying pan,
a spatula,
a ladle,
a cutting knife,
a cutting board,
a lamp,
a pillow and
a blanket



following information: name, email, phonenumber, what faculty you will be studying at in LUAS and the date of your arrival to Lahti. You will get instructions on how to make the payment when you get confirmation on your reservation. You will still have to return the box to LAMKO office yourself when you go back home. We will send you information on how to do that by email.

2. Student Card

While studying in Finland, you can order yourself the Finnish Student Card with which you get many discounts in Finnish companies. For example you get a 50 % discount when travelling by train or by long distance buses. You get the Student Card by becoming a member of LAMKO.

3. Get moving!

We offer many kinds of sports possibilities. You can play inside football, floorball, etc. The exercise times and places can be found at our webpage in the address www.lamko.fi. We also organize fall and snow football tournaments.

We hope that this letter has helped you in some questions and makes your travel arrangements easier. The Student Union is here for you. Don't hesitate to ask if you have any questions. In Finland, you will find us in our office, which is open mainly from Mondays to Thursdays from 9.00 a.m. to 3 p.m and Fridays to 2.30 p.m. But it is always better to call us first and make sure that there is someone to help you.

Yours faithfully,

Student Union of Lahti University of Applied Sciences,

Head of international affairs

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